N5 KITCHEN



# Shoot Menus 23.01.2023 – 27.01.2023

2*x* breakfast options & lunch = £23/pp excl. VAT

*3x breakfast options & lunch* = £26/*pp excl. VAT* 

Lunch= £16/pp excl. VAT Add hot soup = £4/pp excl. VAT Dessert = £4/pp excl. VAT

Orders must be submitted by 12pm the day before your shoot.

If you would only like 2 breakfast options, please choose 2 for the whole crew.

All our menus can be adjusted to suit any dietary requirements.

Please note, we work in a busy kitchen so we cannot guarantee that dishes are entirely allergen free.

All our meals are packed individually with cutlery & napkins included. All our packaging is recyclable or compostable.

## Monday 23rd January

#### Breakfast

# Avocado, greens & chilli on sourdough *contains gluten, nuts, sesame*

Greek yoghurt, house granola, compote *contains dairy* 

## Fruit pot

#### Lunch

DanDan noodles, crispy pork, charred broccoli contains gluten, sesame, peanut, soy

#### Or

DanDan noodles, crispy tofu, charred broccoli contains gluten, sesame, peanut, soy

#### Dessert

Raspberry & white chocolate cookies *contains gluten, dairy, egg* 

## Tuesday 24th January

## Breakfast

Spinach & feta filo pastry contains gluten, dairy, egg, sesame

Multigrain overnight oats, raisins, grated apple & almond brittle *contains nuts, soy* 

#### Clementines

### Lunch

Grilled chicken thighs, Egyptian kosheri rice, tomato sauce, hispi cabbage contains gluten, sesame, nuts

#### Or

Broadbean falafel, Egyptian kosheri rice, tomato sauce, hispi cabbage *contains gluten, sesame, nuts* 

#### Dessert

Basque cheesecake, blackberry compote *contains gluten, dairy, egg* 

# Wednesday 25th January

Breakfast

Bacon naan, tamarind & chilli jam

Coconut yoghurt, mango & granola contains dairy

Bramley apple juice

Lunch

Grilled tikka chicken, Bombay potatoes, kachumber contains mustard

Or

Roast tikka cauliflower, Bombay potatoes, kachumber contains mustard

Dessert

Guinness cake contains gluten, dairy, egg

# Thursday 26th January

Breakfast

Chorizo & nigella sausage roll contains gluten, dairy, egg

> House cereal bar contains nuts

Seasonal fruit pot

#### Lunch

Crispy duck, roast beetroot, bitter leaves, pearl barley & blood orange dressing contains gluten, nuts, mustard

Or

Feta, roast beetroot, bitter leaves, pearl barley & blood orange dressing *contains gluten, dairy, nuts, mustard* 

#### Dessert

**Tiramisu** contains gluten, dairy, egg, alcohol

# Friday 27th January

### Breakfast

Smoked salmon, pickled beets & cream cheese bagel *contains gluten, dairy, fish* 

Cacao, banana & oat smoothie (GF, VG)

Grapes

#### Lunch

Breaded chicken, slaw, gochujang mayo, sticky rice *contains gluten, egg, soy, sesame* 

Or

Crispy tofu, slaw, gochujang mayo, sticky rice contains egg, soy, sesame

Dessert

Apple & cinnamon doughnuts *contains gluten, dairy, egg,*